

# YOGA RETREAT AT PARKER

## HILL FARM

### SPRINGFIELD, VERMONT

### JUNE 14TH-JUNE 16TH



## Nourish & Nurture: 3 Day Reset



### PRICING GUIDE

FULL WEEKEND PASS W/ MEALS (LODGING SEPARATE).....\$450.00

FRIDAY OR SATURDAY DAY PASS W/ MEALS (LODGING SEPARATE).....\$200.00

### LODGING

BYO TENT ON THE LAWN..... \$35/NIGHT

### FARMHOUSE ROOMS:

MAIN SUITE: W/ PRIVATE BATH.....\$140/NIGHT

QUEEN BEDROOM 1: SHARED BATH.....\$100/NIGHT

QUEEN BEDROOM 2: SHARED BATH.....\$100/NIGHT

### LUXURY TENTS:

THE CUTLER: KING SIZE BED W/ ON SUITE. SLEEPS 2.....\$120/NIGHT

THE HARLOW: W/ ACCESS TO BATHHOUSE. SLEEPS 3.....\$135/NIGHT

THE WALKER: KING SIZE BED W/ ON SUITE. SLEEPS 2.....\$155/NIGHT

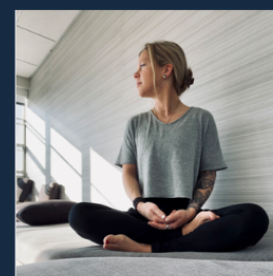
THE FLETCHER: KING SIZE BED W/ ON SUITE. SLEEPS 2.....\$165/NIGHT

THE PARKER: KING SIZE BED W/ ON SUITE. SLEEPS 3.....\$180/NIGHT



PAUSE YOUR ROUTINE & JOIN US TO EXPERIENCE WARMTH, HOSPITALITY, AND BALANCED MEALS, SURROUNDED BY PICTURESQUE HILLS. ENJOY YOGA, NATURE, AND BREATH WORK, INCLUDING DAILY ASANA CLASSES. SHARE AN EVENING TOGETHER WITH A CACAO & FIRE CEREMONY UNDER THE STARS. WAKE UP TO INVIGORATING MOVEMENT CLASSES, A CREATIVE WORKSHOP MAKING YOUR OWN MALA NECKLACE AND MANTRA MEDITATION DEMOS. JOURNALING, MESSAGES, AND MORE AWAIT. CARRY THIS SERENITY FORWARD AS YOU LEAVE. RECONNECT TO YOUR INNER PEACE AT PARKER HILL FARM. RESERVE YOUR SPOT TODAY!

### NO PRIOR EXPERIENCE REQUIRED!



PARKER HILL FARM  
SPRINGFIELD,  
VERMONT

802-380-7014

WWW.PARKERHILLFARM.COM

PREMA AGATE, 500HR YTT